

Physical Education Curriculum Intent

Curriculum Objectives

What does it mean to study PE at Humphry Davy School?

Physical education explicitly teaches the necessary knowledge and skills for working with and relating to others, and provides the learning opportunities to develop these skills. It enables the development of leadership and teamwork skills and encourages students to transfer knowledge to other learning areas. We strive for students to:

- Be physically active and engaged.
- Demonstrate a desire to participate and enjoy sports.
- Be effective communicators, working collaboratively and independently.
- Enjoy both competitive and non-competitive activity.
- Understand and be aware of the importance of regular physical activity.

Curriculum Intent

What we want students at the end of year 8 to know

- Knowledge and application of components of fitness.
- Understanding of a range of sports and their key transferable skills.
- Develop leadership and organisational skills.
- Knowledge of the benefits of regular exercise and be willing to engage in opportunities beyond the curriculum.

What we want students at the end of year 11 to know

- Confidence to continue taking part in regular physical activity.
- How to lead a healthy lifestyle including diet/nutritional choices.
- Career/future options within subject area.
- Competent in leadership through officiating.
- Application of components of fitness in everyday life.
- Wider impact of sport and how skills can be adapted for everyday life.

How British Values, PSHE and Careers are promoted your subjects curriculum

- Communication, collaboration and developing independence.

- First Aid delivery to all students
- Collaboration with Post-16 providers to support career and future education choices.